

Against the Flow: Nurturing the Inner Life in a Fast-Paced World

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Introduction

I. Biblical Case for Solitude

II. Suggestions for the Practice of Solitude (w/ a view to feeding on God's Word)

A. A Reminder Regarding the Role of Scripture

B. A Word About Our Responsibility

C. A Suggested Format

1.

2.

3.

4.

D. Some Specific Recommendations

a.

1.

b.

2.

c.

3.

d.

4.